

Weeknights
8pm



"If you sit up straight while you're eating you'll eat 10% less food."

the john tesh radio show

Music and Intelligence for your life



Sit Up

Weeknights
8pm



"People who eat while watching TV consume 24% more calories."

the john tesh radio show

Music and Intelligence for your life



TV

Weeknights
8pm



"People who watch tear-jerker movies eat 20% more popcorn and chocolate."

the john tesh radio show

Music and Intelligence for your life



Tear-Jerker

Weeknights
8pm



"Drivers who take the scenic route to work, reduce their stress by 32%."

the john tesh radio show

Music and Intelligence for your life



Scenic Route

Weeknights
8pm



"The germiest thing in a hotel room is the remote control."

the john tesh radio show

Music and Intelligence for your life



Remote Control

7.8.05 Finals 14x48

VIACOM
OUTDOOR